

IFCC Paper

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Cardiac troponin and natriuretic peptide analytical interferences from hemolysis and biotin: educational aids from the IFCC Committee on Cardiac Biomarkers (IFCC C-CB)

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Abstract: Two interferences recently brought to the forefront as patient safety issues include hemolysis (hemoglobin) and biotin (vitamin B7). The International Federation for Clinical Chemistry Committee on Cardiac Biomarkers (IFCC-CB) obtained input from a majority of cTn and NP assay manufacturers to collate information related to high-sensitivity (hs)-cTnI, hs-cTnT, contemporary, and POC cTn assays, and NP assays interferences due to hemolysis and biotin. The information contained in these tables was designed as educational tools to aid laboratory professionals and clinicians in troubleshooting cardiac biomarker analytical results that are discordant with the clinical situation.

Keywords: biotin; hemolysis; interferences; natriuretic peptide; troponin.

Cardiac troponin I and T (cTnI, cTnT) and the natriuretic peptides (NP; B-type natriuretic peptide, BNP; N Terminal-proBNP; NT-proBNP) are the primary cardiac biomarkers utilized in the diagnosis of myocardial injury and infarction (MI) and heart failure (HF), respectively. As with any clinical laboratory test, there are exogenous and endogenous factors that adversely interfere with the analytical performance of the cTn and NP assays, potentially resulting in inappropriate clinical interpretation of the results if the interferences are not identified. Analytical interferences are particularly concerning when dealing with cardiac biomarker assays, which are utilized to make time sensitive critical clinical decisions. Two interferences recently brought to the forefront as patient safety issues include hemolysis (hemoglobin) and biotin (vitamin B7, vitamin H, coenzyme R). The International Federation for Clinical Chemistry Committee on Cardiac Biomarkers (IFCC-CB) obtained input from a majority of cTn and

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NP assay manufacturers to collate information related to high-sensitivity (hs)-cTnI, hs-cTnT, contemporary, and POC cTn assays (Table 1) [1], and NP assays (Table 2) [2] interferences due to hemolysis and biotin. The information contained in these tables was designed as educational tools to aid laboratory professionals and clinicians in troubleshooting cardiac biomarker analytical results that are discordant with the clinical situation.

Hemolysis is one of the major causes of pre-analytical errors, reportedly accounting for 40%–70% of all specimen rejections [3]. Furthermore, a substantial volume of hemolyzed samples occur from specimens collected in the emergency department and from indwelling catheters in many intensive care units [4]. The accuracy of cTn results is of significant importance because it is heavily relied upon for making appropriate and rapid patient care decisions. If hemolysis thresholds are exceeded, the specimen needs to be recollected, resulting in delays in patient care and an increased risk of iatrogenic injury, infection, and adverse clinical management in the absence of objective information. Hemolysis is a known confounder of hs-cTn and cTn assays, causing false positive or false negative results; either situation may hinder interpretation of single or serial values [5]. Detection of hemolyzed samples occurs either manually (visual, qualitative assessment) or through automated detection (quantitative or semi-quantitative assessment) using indices on the clinical chemistry platform. The latter approach is supported as a benchmark of good laboratory practice due to the improved reliability, accuracy and standardized approach to reporting results within a laboratory when using automated mechanisms to assess hemolysis. For cTn assays with a low threshold for hemolysis (>100 mg/dL, i.e. >1 g/L) the reported rate of incorrectly released results is as high as 76% [6]. Not all immunoassay platforms or point-of-care devices have the ability to routinely perform automated hemolysis detection, presenting potential patient safety issues for reporting accurate cTn and NP results due to the subjective nature of visual detection of hemoglobin. Moreover, hemolysis will be missed if whole blood is used as the matrix for measurements.

Biotin interference is a relatively new challenge to laboratories and highlighted by the Food and Drug Administration (FDA) warning statement to clinical laboratories (<https://www.fda.gov/Safety/MedWatch/SafetyInformation/SafetyAlertsforHumanMedicalProducts/ucm586641.htm>). Investigation of potential interferences from biotin in immunoassays is similar to methods utilized for decades in clinical laboratories to probe analytical interferences. Biotin is a water-soluble vitamin with a half-life ranging from 8 to 16 h, depending on renal

function [7]. Adequate intake is defined at 0.03 mg/day, although consumption has expanded and retail sales of over-the-counter “mega” doses (2.5–10 mg) of biotin have increased significantly due to marketing efforts claiming healthier and stronger hair, skin and nails. Furthermore, individuals are often unaware that the supplements they are ingesting even contain biotin. There are ongoing randomized clinical trials in the US and Europe to evaluate biotin doses of 300 mg/day in patients with multiple sclerosis and other inflammatory diseases, resulting in circulating serum biotin concentrations between 170 and 700 $\mu\text{g}/\text{L}$ [8]. Immunoassays comprised of biotin labeled antibodies or biotin-streptavidin labeled complexes are particularly susceptible to interferences for a wide array of clinical tests.

Data obtained from manufacturers regarding the analytical specificity and interference for the cTn and NP assays/platforms are presented in Tables 1 and 2, respectively. Interference thresholds were defined as the greatest concentration for either hemoglobin or biotin that did not compromise accuracy of the cTn or NP analytical results. When this threshold was exceeded results were classified as either falsely high or low, allowing laboratory professionals to ascertain the performance of their specific assay/platform in the scenario of gross hemolysis or potentially excessive endogenous biotin intake. Manufacturers defined their acceptance criteria when evaluating and validating interference thresholds. The “End User Assessment of Hemolysis” column in Tables 1 and 2 was designed to aid clinical laboratory personnel performing cardiac biomarker testing. If laboratory personnel must visually assess for hemolysis before reporting or releasing cTn results the assay was designated as “Qualitative”. If the instrument automatically assesses for hemolysis to allow erroneous results to be suppressed and alerting the laboratorian the threshold was exceeded, the assay was designated as “Quantitative”.

Biotin interference data in the tables state whether a biotinylated antibody is incorporated and/or if biotin is used in the assay configuration; it is notable that those assays with either characteristic are more susceptible to interference from endogenous biotin use. If high dose biotin supplementation is known or suspected due to results that do not correlate with the patient’s clinical condition, one possible mitigation strategy could involve analysis with another assay that is not susceptible to biotin interference. However, this is not always a practical solution and may be problematic due to the lack of standardization of cTn and NP assays. Other proposed strategies include adsorption of excess biotin

Table 1: IFCC Committee on Clinical Applications of Cardiac Biomarkers (C-CB) cardiac troponin assay interference table for hemolysis and biotin designated by manufacturer v072618.

Company	Assay	Platform	Hemolysis		Biotin		Highest biotin concentration tested	Influence of biotin above the threshold (+/-)			
			Hemolysis limit (no interference up to stated value)	Influence of hemolysis above the threshold (+/-)	End user hemolysis assessment	Acceptance criteria ^a	Biotinylated antibody	Interference threshold	Acceptance criteria ^b		
Abbott Diagnostics, Alere	High Sensitive Troponin-I (3P25) ^a	ARCHITECT	5.0 g/L (500 mg/dL)	ND	Qualitative	≤10%	No	290 µg/L	≤10%	290 µg/L	ND
	High Sensitive Troponin-I (8P13) ^a	Alinity i	5.0 g/L (500 mg/dL)	ND	Qualitative	≤10%	No	290 µg/L	≤10%	290 µg/L	ND
Contemporary	Troponin-I (2K41) US cTnI	ARCHITECT	5.0 g/L (500 mg/dL)	ND	Qualitative	≤10%	No	290 µg/L	Undefined	290 µg/L	ND
Abbott POC	i-STAT		6.0 g/L	(-)			No	No	ND	ND	ND
Beckman Coulter	Access hs-cTnI	Dxl, Access 2	4.0 g/L (400 mg/dL)	ND	Quantitative if using Beckman's integrated platform	-≤10% at hs-cTnI >11.5 ng/L	No	No	ND	ND	NA
cTnI (AccuTnI +3)		Dxl, Access 2	5.0 g/L (500 mg/dL)	ND	Quantitative if using Beckman's integrated platform	-≤2.30 ng/L at ≤11.5 ng/L	No	290 µg/L	-≤10% at cTnI	290 µg/L	NA
bioMérieux	hs-cTnI	VIDAS	4.85 g/L (485 mg/dL)	ND	Qualitative	±10%	Yes	2000 µg/L	-≤0.006 µg/L at ~0.5 µg/L	2000 µg/L	ND
ET Healthcare	hs-cTnI ^a	Pylon 3d	5.0 g/L (500 mg/dL)	(+)	Qualitative (serum/plasma); NA (whole blood)	±10%	Yes	200 µg/L	±10% at ~0.05 µg/L	200,000 µg/L	ND
Fujirebio	hs-cTnI (Lumipulse)	Lumipulse G1200 and G600II	5.10 g/L (510 mg/dL)	ND	CLSI EP7-A2	±10%	No	ND	~0.01 µg/L	~0.01 µg/L	ND
LSI Medience	hs-cTnI ^a	PATHFAST	10 g/L (1000 mg/dL)	(-)	Quantitative (cyanmethemoglobin method)	No	No	1500 µg/L	±20%	1500 µg/L	ND
cTnI ^a		PATHFAST	10 g/L (1000 mg/dL)	(-)	Quantitative (cyanmethemoglobin method)	No	No	1500 µg/L	±20%	1500 µg/L	ND
cTnI-II		PATHFAST	10 g/L (1000 mg/dL)	(-)	Quantitative (cyanmethemoglobin method)	No	No	1500 µg/L	±20%	1500 µg/L	ND
Ortho-Clinical Diagnostics	Troponin I ES	ECI/ECIQ, 3600, 5600	1.0 g/L (100 mg/dL)	(+)	Automated/ Quantitative	≤10%	Yes	2.5 µg/L	≤10% at 0.400 µg/L	NA	NA
Quidel	cTnI	Triage	10 g/L (1000 mg/dL)	(-)	Qualitative	≤10%	No	ND	ND	NA	NA

Table 1 (continued)

Company	Assay	Platform	Hemolysis		Acceptance criteria ^b	Biotin	Biotin used in assay configuration	Interference threshold	Acceptance criteria ^a	Highest biotin concentration tested	Influence of biotin above the threshold (+/-)
			Hemolysis limit (no interference up to stated value)	Influence of hemolysis above the threshold (+/-)							
cTnI SOB ^a	Triage	5.0 g/L (500 mg/dL)	(-)	Qualitative	≤10%	No	No	ND	NA	NA	NA
cTnI Cardio ^a	Triage	1.0 g/L (100 mg/dL)	(-)	Qualitative	≤10%	No	No	ND	NA	NA	NA
Radiometer, TnT ^a POC	AQT90 FLEX	10 g/L (1000 mg/dL)	No interference	Qualitative	NA	Yes (pre-bound)	No interference up to 3 µg/L	≤10%	3 µg/L	NA ^c	NA ^c
Radiometer, TnT ^a POC	AQT90 FLEX	2.0 g/L (200 mg/dL)	No interference	Qualitative	NA	No	No	No interference up to 50 µg/L	≤9%	50 µg/L	NA ^c
Response biomedical	No information provided		No information provided		No information provided		Recovery within ±1.4 ng/L at 14 ng/L;		Recovery within ±1.4 ng/L at 14 ng/L;	70 µg/L	(-)
Roche Diagnostics	cTnT-hs ^a and iNT Gen 5 ST/AT	MODULAR E170, cobas e411, e601, e602, e801	1.0 g/L (100 mg/dL)	(-)	Serum indices on pre-analytic module; Qualitative	Recovery within ±1.4 ng/L with a conc. <14 ng/L;	Yes (as conjugated Ab, not as free biotin)	21 µg/L	Recovery within ±1.4 ng/L at 14 ng/L;	70 µg/L	(-)
Roche Diagnostics POC	Roche CARDIAC POC Troponin T	cobas h 232 POC system	2.0 g/L (200 mg/dL)	(-)	Qualitative	Recovery ±10% with a conc. ≥14 ng/L	Yes (as conjugated Ab, not as free biotin)	200 µg/L	Recovery within ±10% at ≥14 ng/L	1200 µg/L	(-)
Siemens Healthineers	High Sensitivity Troponin I (TNH) ^a	ADVIA Centaur [®] XP/XPT Systems Atellica [™] IM Analyzer	5 g/L (500 mg/dL)	ND	Qualitative	Mean bias vs. reference sample: ≤±15% at 40–2000 µg/L	Yes (as conjugated Ab, not as free biotin)	200 µg/L	Mean bias vs. reference sample: ≤±15% between 40 and 2000 µg/L	1200 µg/L	(-)
Siemens Healthineers	High Sensitivity Troponin I (TNH) ^a	Dimension [®] EXL [™] System	4.0 g/L (400 mg/dL)	ND	Quantitative	±10%	Yes	3500 µg/L	±10%	3500 µg/L	ND
Siemens Healthineers	High Sensitivity Troponin I (TNH) ^a	Dimension [®] Vista [®] System	4.0 g/L (400 mg/dL)	ND	Quantitative	±10%	Yes	300 µg/L	±10%	1200 µg/L	(-)

Table 1 (continued)

Company	Assay	Platform	Hemolysis		Acceptance criteria ^b		Biotin used in assay configuration	Interference threshold	Acceptance criteria ^b	Highest biotin concentration tested	Influence of biotin above the threshold (+/-)
			Hemolysis limit (no interference up to stated value)	Influence of hemolysis above the threshold (+/-)	End user hemolysis assessment	Acceptance criteria ^b					
Tnl-Ultra	ADVIA Centaur® CP/XP/XPT Systems	5.0 g/L (500 mg/dL)	ND	Qualitative	±10%	Yes	Yes	10 µg/L	±10%	1500 µg/L	(-)
Tnl-Ultra	Atellica™ IM Analyzer Dimension® EXL™ System	5.0 g/L (500 mg/dL)	ND	Quantitative	±10%	Yes	Yes	10 µg/L	±10%	1500 µg/L	(-)
TNI	Dimension® RXL™ System	5.0 g/L (500 mg/dL)	ND	Quantitative	±10%	No	No	100 µg/L	±10%	1200 µg/L	(-)
CTN	Dimension® Vista® System	5.0 g/L (500 mg/dL)	ND	Quantitative	±10%	Yes	Yes	ND	NA	NA	NA
CTN	IMMULITE® 2000/2000 XPi Systems	5.0 g/L (512 mg/dL)	ND	Qualitative	±10%	Yes	Yes	100 µg/L	±10%	1200 µg/L	(-)
Tropomin-I	IMMULITE® / IMMULITE® 1000 Systems	5.7 g/L (570 mg/dL)	ND	Qualitative	±10%	Yes	Yes	1500 µg/L	±10%	1500 µg/L	ND
Tropomin-I	IMMULITE® Turbo System	5.12 g/L (512 mg/dL)	<10%	Qualitative	±10%	Yes	Yes	1500 µg/L	±10%	1500 µg/L	ND
Singulex	hs-cTnI	4.55 g/L (-)	(4.55 mg/dL)	Visual/qualitative	±10%	Yes	Yes	ND	NA	10,000 µg/L	(-)
Tosoh	STATA-PACK cTnI 2nd Gen	AIA Series (AIA-1800, AIA-2000, AIA-600II, AIA-900, AIA-360, etc...)	(4.3 g/L (430 mg/dL))	±10%	No	No	ND	NA	NA	10,000 µg/L	etc...)

ND, not determined; NA, not applicable. ^aNot yet cleared by the FDA for clinical use in the US. ^bAcceptance criteria were those defined in the package insert for determining whether interference was considered significant or not. ^cUnder further investigation.

Table 2: IFCC Committee on Clinical Applications of Cardiac Biomarkers (C-CB) natriuretic peptide assay interference table for hemolysis and biotin designated by manufacturer v083018.

Company	Assay	Platform	Hemolysis		Acceptance criteria ^a	Biotin	Interference threshold	Acceptance criteria ^b	Highest biotin concentration tested	Influence of biotin above the threshold
			Hemolysis limit (no interference up to stated value)	Influence of hemolysis greater than the threshold (+/-)		Biotinylated antibody	Biotin used in assay configuration			
Abbott Diagnostics	BNP (8K28)	ARCHITECT	5.0 g/L (500 mg/dL)	ND	Qualitative ≤10%	No	ND	NA	ND	ND
	BNP (8P24) ^a	Alinity i	5.0 g/L (500 mg/dL)	ND	Qualitative ≤10%	No	ND	NA	ND	ND
Alere NT-proBNP (2R10) ^a	NT-proBNP	ARCHITECT	10 g/L (1000 mg/dL)	ND	Qualitative ≤10%	Yes	No	4250 µg/L ≤10%	4250 µg/L	ND
Abbott POC Beckman Coulter bioMérieux	BNP	i-STAT Access 2, UniCel DxI VIDAS	None 5.0 g/L (500 mg/dL)	NA (-)	Visual/ Qualitative Qualitative	No	No	ND Yes (pre-bound)	ND NA	ND
ET Healthcare Fujirebio	BNP*	Pylon 3d	5.0 g/L (500 mg/dL)	ND	Qualitative ≤10%	No	No	ND No	NA	NA
LSI MediSense Ortho-Clinical Diagnostics Quidel/Alere	NT-proBNP	G1200/G6000 PATHFAST ECI/EGiQ, 3600, 5600	1.0 g/L (1000 mg/dL)	(-)	Cyanmethemoglobin method Automated/ Quantitative	No	No	1500 µg/L ≤20%	1500 µg/L	ND
	BNP SOB	Triage	1.0 g/L (1000 mg/dL)	ND	Qualitative ≤10%	Yes	No	20 µg/L ≤10% at ~125 ng/L (14.8 pmol/L)	200 µg/L ±10%	ND
	BNP Cardio ^a	Triage	1.0 g/L (1000 mg/dL)	ND	Qualitative ≤10%	No	No	ND	NA	NA
	NT-proBNP*	Triage	5.0 g/L (500 mg/dL)	ND	Qualitative ≤10%	No	No	ND	NA	NA
Radiometer, Roche Diagnostics	NT-proBNP II and proBNP II STAT	AQT90 FLEX MODULAR E170, cobas e411, e601, e602, e801	2.0 g/L (200 mg/dL)	No interference (-)	Qualitative Serum indices on pre-analytic module; Qualitative	Recovery ± 20% at <100 ng/L; ±10% at ≥100 ng/L	Yes (pre-bound) Yes (as conjugated Ab, no free biotin added)	35 µg/L Recovery of ±10% ng/L of initial value ≤100 ng/L and ±10% of initial value	35 µg/L Recovery of ±10% ng/L of initial value ≤100 ng/L and ±10% of initial value	ND
Roche diagnostics POC	Roche CARDIAC proBNP+ POC	cobas h 232 POC system	1.78 g/L (178 mg/dL)	(-)	Qualitative	Mean bias vs. reference sample: ≤±34 ng/L (60–225 ng/L) and ≤±15% (225–9000 ng/L)	Yes Yes (as conjugated Ab, no free biotin added)	30 µg/L <15% for biotin conc. up to 10 µg/L mean bias vs. reference sample: ≤±34 ng/L (60–225 ng/L) NT-proBNP and ≤± 15% (225–9000 ng/L)	30 µg/L ND	ND

Table 2 (continued)

Company	Assay	Platform	Hemolysis			Acceptance criteria ^a	Biotin used in assay configuration	Biotin			
			Hemolysis limit (no interference up to stated value)	Influence of hemolysis greater than the threshold (+/-)	Hemolysis assessment			Interference threshold	Acceptance criteria ^b	Highest biotin concentration tested	Influence of biotin above the threshold
Siemens Healthineers	BNP	ADVIA Centaur® CP System	1.0 g/L (100 mg/dL)	ND	Qualitative	±10%	Yes	250 µg/L ^c	±10%	1500 µg/L	(-)
	BNP	ADVIA Centaur® XP / XPT Systems	1.0 g/L (100 mg/dL)	ND	Qualitative	±10%	Yes	250 µg/L ^c	±10%	1500 µg/L	(-)
	BNP	Atellica™ IM Analyzer	1.0 g/L (100 mg/dL)	ND	Quantitative	±10%	Yes	250 µg/L ^c	±10%	1500 µg/L	(-)
	BNP	Dimension Vista® System	5.0 g/L (500 mg/dL)	ND	Quantitative	±10%	Yes	100 µg/L	±10%	1200 µg/L	(-)
	NT-proBNP	ADVIA Centaur® CP System	10 g/L (1000 mg/dL)	ND	Qualitative	±10%	Yes	75 µg/L	±10%	1500 µg/L	(-)
	NT-proBNP ^a	ADVIA Centaur® XP / XPT Systems	10 g/L (1000 mg/dL)	ND	Qualitative	±10%	Yes	75 µg/L	±10%	1500 µg/L	(-)
	NT-proBNP	Atellica™ IM Analyzer	10 g/L (1000 mg/dL)	ND	Quantitative	±10%	Yes	75 µg/L	±10%	1500 µg/L	(-)
	NT-proBNP	Dimension® EXL™ System	10 g/L (1000 mg/dL)	ND	Quantitative	±10%	Yes	250 µg/L	±10%	1200 µg/L	(-)
	NT-proBNP	Dimension® RXI™ System	10 g/L (1000 mg/dL)	ND	Quantitative	±10%	No	NA	NA	NA	NA
	NT-proBNP	Dimension Vista® System	10 g/L (1000 mg/dL)	ND	Quantitative	±10%	Yes	100 µg/L	±10%	1200 µg/L	(-)
	NT-proBNP ^a	IMMULITE® 2000/2000 XPi Systems	6.0 g/L (600 mg/dL)	ND	Qualitative	±10%	Yes	1500 µg/L	±10%	1500 µg/L	ND
Turbo NT-proBNP ^a		IMMULITE® Turbo 10000 Systems	6.0 g/L (600 mg/dL)	ND	Qualitative	±10%	Yes	1500 µg/L	±10%	1500 µg/L	ND
Thermo Fisher	MR-proANP ^a	BRAHMS MRproANP Kryptor AIA series	10 g/L (1000 mg/dL)				CLSI EP7-A2	ND	ND	ND	ND
Tosoh	BNP		No information provided				No information provided				

ND, not determined; NA, not applicable. ^aNot yet cleared by the FDA for clinical use in the US. ^bAcceptance criteria were those defined in the package insert for determining whether interference was considered significant or not. ^cNot in current Instructions for Use (IFU). ^dUnder further investigation.

using streptavidin-coated microparticles [8, 9], although this requires additional validation within the laboratory before implementation.

Cardiac biomarker assays, like a majority of clinical laboratory assays, are susceptible to endogenous and exogenous interferences to some extent, which may yield analytically incorrect results. There is particular concern about the effect of interferences with hs-cTn and NP assays, as these are widely used clinically in urgent care settings to guide critical clinical decisions but there is often less time to carefully consider potential analytical issues in this situation. For cTn assays, the analytical sensitivity and imprecision at the 99th percentile are of utmost importance and the consequences of false negative or false positive results at or near the 99th percentile due to hemolysis and/or biotin consumption have been highlighted in recent publications [10]. While diagnosis of acute MI, ischemia or heart failure should always be taken in conjunction with the clinical context of the patient, heightened awareness of these analytical issues and solutions should be implemented to avoid adverse events.

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